

# National Cancer Survivors Day

Sunday, June 2nd, 2019

## A Survivor's Story - Tina Trimbath

My journey began many years ago with a persistent cough, extreme fatigue and generally just not feeling well. I was working full time, and had a very busy life so I waited a lot longer than I should have to see my doctor. I'm sure many of you can relate to this. When I finally did see him, he thought I had an infection, but long story short I was diagnosed with Stage IV Hodgkin's Lymphoma. Although, being advanced lessened my chances of remission, they were optimistic, as was I.



After 9 months of chemotherapy I did achieve remission, but unfortunately 6 months later my cancer returned. My only option at that time was a stem cell transplant which did prove to be successful!

The reason I wanted to share my story was to emphasize to you that if something doesn't feel right, **DON'T WAIT**, take the time to go get checked!

Remember to appreciate your family, friends and each and every day, maintain a positive attitude in life, give people the benefit of the doubt, and always keep the faith. I definitely see things differently since having cancer.

*Always remember you are stronger than you think!*

Tina,

Thank you for sharing pieces of your story with us and your encouragement to go to our check-ups. Your story matters and you are making a difference.

Love,  
Your AUCP Family

National  
Cancer  
Survivors  
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 Alleghenies United  
Cerebral Palsy  
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