

National Cancer Survivors Day

Sunday, June 2nd, 2019

A Survivor's Story - Linda Freidhoff

It was almost 2 and a half years since my last mammogram. I always had to have follow up ultrasounds after my mammograms due to having dense, fibrocystic breasts, so when I received the call from my doctor saying they wanted another mammogram, I was not surprised.

I went for my mammogram on September, 14th 2018 and the follow up on September 21st. It was the 3rd call from the doctor saying she is seeing some calcifications in my left breast and wanting to do a biopsy that had me concerned. On October 16th I had a stereotactic biopsy of my left breast. By October 18th, the results were back and I was told I had Ductal Carcinoma In Situ. The doctor said she was able to remove 9 of the 12 calcifications from the area, but she needed to remove the other 3 along with another area she found that was suspicious. I was not concerned that I may lose my breast or that I can actually die from cancer. My first thought was "I don't have time for this!"

I had a partial mastectomy of my left breast on November 9th. Thank God I only had to have radiation as a follow up. I started my first radiation treatment on December 19th and finished with my 20th treatment on January 18th, 2019. Right now I am considered cancer free. I do have to go to follow ups for the next 10 years; mammograms every June and MRI's every December.

From the day that I was diagnosed, I was not worried. I knew the Good Lord was taking care of me. Maybe it was his way of saying "slow down and take care of yourself," I'm not sure. All I felt was an overwhelming sense of peace that gave me the courage and positive attitude to keep going. I cannot begin to thank everyone that surrounded me with love, support and prayers. I couldn't have through those days without them, and for that, I am eternally grateful.



Linda,

Thank you for choosing to be vulnerable and sharing your story. Your strength and determination is encouraging and will impact our lives forever.

Love,
Your AUCP Family

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